

TRACK							
Order	Arrival	Call Up	Time	Event	Bubble	Age	Departure
101	10:00	11:20	11:30	400mH	A	SM	12:30
102	10:10	11:30	11:40	400mH	A	SW	12:40
103	10:20	11:40	11:50	400m	B	SW	12:50
104	10:30	11:50	12:00	400m	B	SM	13:00
BREAK							
108	12:00	13:20	13:30	100mH	CE W	SW	14:30
109	12:05	13:25	13:35	100mH	E	SW	14:35
110	12:10	13:30	13:40	110mH	CE M	SM	14:40
111	12:20	13:40	13:50	100m	B	SM	14:50
112	12:30	13:50	14:00	100m	B	SW	15:00
113	12:35	13:55	14:05	100m WC	J	SM/SW	15:05
114	12:40	14:00	14:10	100m RR	J	SM/SW	15:10
115	12:55	14:15	14:25	200m	B	SM	15:25
116	13:00	14:20	14:30	200m	B	SW	15:30
FIELD							
Order	Arrival	Call Up	Time	Event	Note	Age	Departure
201	08:30	09:50	10:00	Javelin	H	SM/SW	11:00
202	09:45	11:05	11:15	Triple Jump	G	SM/SW	12:15
203	11:30	12:50	13:00	Hammer	F	SM/SW	14:00
204	13:00	14:20	14:30	Seated Throws	I	SM/SW	15:30
205	13:40	15:00	15:10	Discus	CE M	SM/SW	16:10
301	08:30	09:00	10:00	Pole Vault	CE M	SM/SW	11:00
302	10:15	11:35	11:45	Shot	CE W	SM/SW	12:45
303	11:15	12:35	12:45	Long Jump	G	SM/SW	13:45
304	12:50	14:10	14:20	High Jump	CE W	SM/SW	15:20
HT/JT/DT/SP/TJ/LJ - 2 Warm Up and 6 Competition Trials PV/HJ - 2 Warm Up trials							
CE Athletes - DT/SP - 3 Competition Trials CE Athletes - HJ/PV as above							

CE Women

11:45 Shot
13:30 100mH
14:20 High Jump

CE Men

10:00 Pole Vault
13:40 110m H
15:10 Discus